In insanity among boys under fifteen and girls between fifteen and twenty that has been recorded in the last de-cade to insufficient sleep.

Brenkfast.

Luncheon Cream of Potato Soup

Croquettes.

These may be prepared from almost any leftover meat or fowl, or both. To two emps of minced coal roast, steak, ved or fowl, add one-quarter as much mashed perato, season well with pepper, sait and onto Julee, and with a little very finely minced parsiev. Add enough gravy to moisten the mixture, and a raw egg to bind it. Work together well, moid into cones, cover with egg and cracker crumbs; let them get chilled for a couple of hours, and fry in deep, very hot fat.

THE REIGNING FABRIC

A Yawner

quitting coffee and using

elements of the grain.

is not likely to be found doing "big things."

To succeed nowadays one must be wide awake

Coffee, on account of its drug, caffeine, keeps many people awake nights and makes them dozy in

the daytime, when they should be keen and alert.

POSTUM

Postum contains no coffee, caffeine or other harm-

ful substance, but does contain the nutritious food

Wholesome --- Nourishing --- Delicious!

Regular Postum-well boiled, yields a delight-

Instant Postum-a soluble powder. Made in

The cost per cup of both kinds is about the

-sold by Grocers everywhere.

the cup. No boiling required. 30c and 50c tins.

"There's a Reason" for POSTUM

Postum comes in two forms:

ful flavour. 15c and 25c packages.

Made of whole wheat and a bit of molasses.

If you have any ambition to "make good," try

daytimes and sleep soundly at night.

Orange Juice Bacon and Eggs

Buttered Toast

Croquettes Cookles

### SOCIAL EVENTS AND PERSONAL MENTION

### SOCIETY BASEBALL GAME WILL BE PLAYED TO-DAY

Westmoreland to Meet Commonwealth on Diamond at Broad Street Park.

Several Weddings Announced. The baseball game at Broad Street Ball Park between the Westmoreland and Commonwealth Clubs this afternoon will be the most important society function of the day. A large crowd of society folk will motor out for the game, and informal functions of interest will precede the meeting of the two teams. Brilliant summer cestumes will be worn by the women in of interest will precede the meeting of the two teams. Brilliant summer costumes will be worn by the women in attendance, and many writtes have ames will be worn by the women in Dr. J. A. White here, ttendance, and many parties have seen arranged for the event, which is seen arranged for the most fashionable of summer months abroad. the early summer season. This bases that game between the two clubs has become an annual event, and the members of the clubs with their friends and families, turn out in full force to attend it.

Summer months abroad.

Miss Louise Miller, of this city, is attending a house party in Harrison-burs for a week.

Mrs. John A. Coke, Jr., and Mrs., Robert Pegram have gone to Virginia.

Invitations Out.

Captain Thomas Neal Williams has issued invitations for the marriage of his daughter, Margaret Glass, to Howard Randolph Gano, of Hichmond, the wedding to take place on Wednesday evening June 24, at s o'clock, in the home of the bride's father, "Wayside" near Danville, Miss Williams, who is a lovely girl, frequently visits in Richmond, and a number of guests from this city will go to Danville next week to attend the ecremony.

Lence Town.

Mrs. 8. G. Tinsley and her son, of Philadelphia, who have been visiting the former's mother-in-law, Mrs. E. Quarles, of Caroline County, are spending several days in this city.

Miss Madia Wright, who has been visiting in Richmond, has returned to her home in Fredericksburg.

Mrs. J. Allison Hodges and Miss cleme Heck are the guests of relatives in Ladeigh, N. C.

Mrs. Norman V. Randolph has returned to distribute the guest of Caroline County, is the guest of relatives in this city.

to attend the ceremony.

Leave Town.

Mrs. S. G. Tinsley and her son, of Philadelphia, who have been visiting the former's mother-in-law, Mrs. F. W. Tinsley, at 1022 West Grace Street, left Richmond Wednessiny for King William Courthouse. In King William Mrs. Tinsley will visit her mother, Mrs. A. B. Hill, for some time.

Miss Anne K. Henry has returned to Norfolk, where she will be the guest of Mrs. W. L. Harris on Graydon Avenue. Miss Henry has been spending several weeks with Mrs. Charles Weber here, and also attended June week at Annapolis.

Approaching Marriage.

Mrs. Katherine Ryland Tallaferro, of Ullainee, Essex County, has announced the engagement and approach-

hence church was decorated in ferns, honeysuckle and daisies. The bride wore a traveling gown of tan crepe with hat and gloves to match, and carried pink roses and maldenhair ferns. Miss Pearl Martin, her sister, was maid of honer and ware title. with hat and gloves to match, and carried pink roses and maldenhair ferns. Miss Pearl Martin, her sister, was maid of honor, and wore pink messaline, and carried sweet peas. Little Elizabeth Heath was ring bearer. The groom's brother, Ephriam Anderson, was best man, and the ushers were Wesley Martin, Sinney Walthall, Lowis Ligon United Street Leving Morgan P. Robinson, secretary;

Street, have returned to their home in

ohn It. Haywood has returned to libs, after a short stay with friends

Me and Mrs. C. It Crises have re-urned to Norfolk, after attending the casby-King wedding in this city.

Mr. and Mrs. Robert Crawford and their children, of this city, are spending spane time at the Virginia Mineral Springs. Mrs. T. Garnett Tabb and her son, of Fredericksburg, was best man.

Richmond, have left for Wrightsville Beach, N. C., where they will spend some time.

Mr. and Mrs. Highard Messer, of this city, are at Virginia Beach for an extended stay R. L. Biscop has returned to Freder

ickshurg, after attending the gradu-ating exercises of the son, Elbert the-coe, at Richmond College.

Mr. and Mrs. Charles Frost, of Rich-mond, are stopping at the Waverly Cottage, Virginia Bench.

tat the Applewhite-Grandy wedding LINGERIE EFFECTS

W. B. F. Cole, who has been in Richmoral for a short stay, has returned to his frome in Fredericksburg. Miss Mary Evans, of Newport News,

Atts Mary Evans, of Newport News, is the guest of friends in this city for some time.

Henry W. Anderson is sailing next, week from New York to spend some

Mrs. John A. Coke, Jr., and Mrs., Robert Pegram have gone to Virginia Beach for the month of June.

meet this afternoon at 5 o'clock at 15 South Third Street. As this is the last meeting of the organization before adjournment for the summer months, a large attendance is urged.

nounced the engagement and approaching marriage of her daughter, Bessle Brightwell Tallaferro, to Rev. Willard Brooke Carter, of Madison. The ceremony will be performed at Bethlehem Church, Essex County, Wednesday, June 24.

Miss Taliaferro is a relative of Mrs. J. P. Rowe, and has visited in Richmond quite frequently.

Anderson—Martin.

A very pretty marriage was solemnized on yesterday afternoon at 5 o'clock in Providence Presbyterian Church, when Miss Blanche Martin, daughter of Mrs. Marx Mertin, of Belona, became the bride of Robert Anderson, of Amelia County. The ceremony was performed by Rev. J. E. B. Smith, of Ford, binwindle County, and Richmond Chapter, United Daugh

derson, of Anelia County. The county many was performed by Rev. J. E. R. Preservation of Virginia Antiquities, smith, of Ford, Dinwiddle County, and An interesting incident of the meeting the church was decorated in ferns, was a motion to send a letter of conhonevsuckle and daisies. The bride preservation to Miss Belle Wyatt William and Miss Belle Wyatt William daughter of Mrs. Joseph E. William daughter d lard, daughter of Mrs. Joseph E. Will lard, one of the vice-presidents of the

White-De Dier. Mrs. Claude A. Swanson has returned to Washington, after spending some time at her country place in Virginia. Mr. and Mrs. James C. Smyth left both of this city, were married in Washington yesterday afternoon at yesterday for New England, where they will spend some time.

Mrs. Living H. Coete, of Roanoke, is the guest of her son, Dr. Hugh the washington yesterday afternoon at Trinity Protestant Episcopal Church by Rev George Van Pessen. They left for Old Point Comfort, Va. where they will spend their honeymoon.

Rev. Georg.

Cold Point Comfort.

I speed their honeymoon.

I speed their honeymoon.

I speed to The Times-Dispatch.

Al xandria, Va., June 11.—Mrs. Augusta Flode and Harry B. Lane, both of Fredericksturg, Vn. were married vesterday afternoon at the home of the bride's son, Eurone Bode, sog Cameron Street. The ceremony was performed by Eey. Edgar Carpenter, rector of Grato Epinsophi Church. The bride was piven in matriage by her son, Eurone Bode, and little Miss Augusta and Foode, and little Miss Augusta for the bride, was proven in matriage by her son, Eurone Bode, and little Miss Augusta for the bride, was all foode, granddaughter of the bride, was proven in matriage by her son, Eurone Bode, and little Miss Augusta for suffering in some form or another "Pain is a sensation experienced by all reflective living things. It has many definitions, but is best described as an uneasiness, varying from a feeling of slight discomfort to extreme and it may arise from the any function, also from the any function and th

# Of Interest to Every Woman

Edited by MARTHA WESTOVER

## ARE IN ASCENDANT

The Dainty White Muslin Beloved of the Novelist is Very Modish. Some of the prettiest of the new owns are made of the material beloved of poets and novelists, white muslin. One of these has the skirt and tunic scalloped round the hem, the hodice being embroidered in front and on the tops of the sleeves. Most of the white gowns have black silk or moire belts, almost all of them fas-tening in front.
A sailor's knot or a simple little tie is also in black.

The Collar Leads As a neck finish collars are preferred to frills. The latter, when worn, are flat, rising high at the back of the head and meeting on the chest. Some-times the bodice is set into an em-broidered yoke, which extends down the centre of the sleeves to the elbows in a point.





Grange County Wedding,
dericksburg, Va., June 11.—Mr.
Mrs. Aubrey M. Daniel, of Unionirs. Aubrey M. Daniel, of Unionirs. On the marriage of their
ler. Mrs. Mary Daniel, to Hugh
ler. Mrs. Mary Daniel, to Hugh
ler. will take place on WednesJune 24, at 2 o'clock at Unionville
tian Church.

Wawyer—White,

many definitions, but is best described
as an uneasiness, varying from a feellug of slight discomfort to extreme
distress; and it may arise from the
distress, and it may arise from the
di

Mr. and Mrs. Charles Frost, of Richmond, are "stopping at the Waverly Cottage, Virginia Beach.

William Todd, of this city, is registered at the Virginia Mineral Springs Hotel this week.

Mrs. L. E. Richardson has gone to Newport News, where she was a guest residence.

Mrs. L. E. Richardson has gone to Newport News, where she was a guest residence.

Mrs. L. E. Richardson has gone to Newport News, where she was a guest residence.

Mrs. L. E. Richardson has gone to Newport News, where she was a guest residence.

Mrs. L. E. Richardson has gone to Newport News, where she was a guest residence of Rev. A Sang, the official mental or intensity, it may amount to agony, torture or torment.

"The treatment of sleeplessness is to break the habit, which should be done by removing the causes, and these may be classified as either physical, mental or moral," further asserted Dr. Roberts, and he then urged the neces-

buttons trim both bodice and waist-coat. The principal rival of voile is crepon, and many gowns are made of it in a union of fancy with plain. The fancy portion is usually the upper, but occasionally the arrangement is

### THE BEST WAY

sity of sleep, declaring it to be more essential than food, and that where drugs were resorted to they should be taken only when prescribed by a responsible physician, as all sleep-inducing drugs not as heart depressants. The scientist attributed the increase in inserties. To Do Some Very Useful Household Task Ensily.

To remove rust spots on bath tubs and basins and discolorations in toilet basins in sinks, apply muriatic acid with a mop. As soon as the discoloration is removed the acid should be thoroughly rinsed off with clear water. The acid works like magic it is also The acid works like magic, it is almost instantaneous in its effect, and the labor of scrubbing is saved.

A change of scene often benefits the victim of insomnia-a place not far distant from the home will sometimes To clean pans that have scorched food adhering to them, sprinkle dry baking soda in them and let them stand for a while. They then can be quickly and readily cleaned.

To test lightbread dough and make sure as to whether the dough has risen sufficiently for making is to press the finger in the dough. If The distant from the home will sometimes suffice. Fresh air in abundance is an absolute necessity if one would sleep well. A single window open a few inches at the top and bettom is not enough. Open every window, and secure the effect of open-air sleep. A thin bread-and-butter-sandwich, sprinkled with Cayenne pepper and eaten after midnight will sometimes induce sleep when other means fall.

pross the finger in the dough. If the hole remains the dough is in proper condition; if the dough rises and fills the indentation this shows that it is in a condition to continue rising.

### "CARMEN SYLVA" ON FASHIONS.

As every thread of gold is valuable, so is every minute of time. Queen Elizabeth, of Roumania (Carmen-Sylva), upon being requested to do so, has put herself on record re-garding women's fashions. She says: "I find every fashion repulsive, pre-"I find every fashion repulsive, pre-cisely because it is known by every-body. Woman is the most mysterious creature. She ought always to remain mysterious, her body concealed and her heart closed. She ought to open for her children only the treasures of maternal tenderness.

"In the street she should be as hum-ble as possible. At home she should Dinner.

Clear Soup with Croutons
Pot Roast Mashed Potatoes
Buttered Beans Beets, Creamed
Letture and Tomato Salad
Strawberries with Cream Plain Cake
Coffee

ble as possible. At home she should be noble and full of dignity, so that her children and her servants may see in her a goddess." The Queen also believes the prettiest fashion is the most simple.

Macaroni a L'Italiene.

Boil half a pound of macaroni till tender in saited water, with a small onion, peeled and stuck with three cloves; drain it, and return it to the sauce, one ounce of butter; stir and shake it over the fire till very hot, then add two tablespoonfuls of grated cheese, stir again to mix in the cheese well, and serve at once.

"I kept my head when I fell into the water," observed the young man. "How fortunate," replied the caustic maid; "it must have helped you so nicely to float."—Baltimore American Textbook for Crooks.
A regular textbook for thieves and burglars has been discovered by the prints, and many other tricks of the It Is Volle and It Comes in a Variety trade,

Voile, whether striped, plain or broche, is the material of the hour for outdoor or indoor frocks, especially for morning or cuntry wear.

A striped one is made with the lines on the skirt and bodies perpendicular while those on the closely fitting flat panniers, cut corselet fashlon, are horizontal, a wide sash of black moire fastening in front with a flat bow, one loop standing erect, the other, with a scalloped end, falling below the waist line.

A becoming gown in fancy volle has quite a short skirt. The bodice is made in one, with a cross-over waisteoat of white cerpon, from under which comes a white muslin collar, matching the cuffs on the long sleeves. The points of the waisteoat of white crepon, from under which comes a white muslin collar, matching the cuffs on the long sleeves. The points of the waisteoat come below the voile belt, white bone

## THE KAUFMANN STORE

### Specially Priced Summer Hosiery of Particular Silks

"Esco" Boot Hose, of pure silk, with heavy spliced heel and toe, lisle garter tops. In all colors: purple, smoke, bronze, navy, gold, Copenhagen, emerald, king's blue, mahogany, Nell rose, lavender, sky, pink, black, white and tan, 50c.

"Esco" Silk Lisle Hose with high spliced heel and toe, in black, white and tan, 50c.

"McCallum" Pure Silk Hose, with reinforced heel and toe, lisle garter tops, in all colors: navy, purple, smoke, bronze, gold, champagne, Copenhagen, Nile, pearl, sky, pink, black, white and

Ladies' Outsize Silk Hose, with deep lisle garter tops, high spliced heel and toe, in black and white only, \$1.00.

KAUFMANN'S special make of Silk Hose, silk all the way, with lisle lined garter tops, in black and white only, \$1.50 values,

Pure Silk Hose, with lisle garter tops, reinforced heel and toe, in all colors, \$1.00 values, 75c.



## Crinkle Crepe Shirts Smart and Stylish

Another shipment just to hand in time for Friday and Saturday's selling. Shown in white, tan, pink, lavender and light blue, \$1.50 values; specially priced at 98c for two days only.

# Cold Tea

# Keep Cool

Geo. McD. Blake & Co., Inc.

No. 00 Brond Street.

UR Kodak Department is busier than ever before in its history.

I This demonstrates that it pays to do good work, even though it costs us more to do it. I For example, we print on Velox

about twice as much as some other papers "nearly as good." If your printing is not done on Velox, you are not getting the

paper exclusively. Velox costs us

The S. GALESK Optical Co.

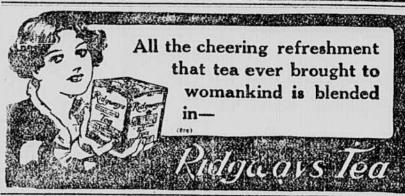
Broad St.

### Self-Lighting Quality Gas Range



\$16.50 and \$17.50

General Gas Light Co. 208 North Fifth Street



### For the June Bride!

Right at this time, during our big Alteration Sale, is the best time for you to buy BRIDAL PRESENTS! Come in and see our large stock!

Cut Glass, Sheffield Silver Ware, Mahogany Clock and -And hords of other appropriate gifts.

E. B. TAYLOR CO. 1009 E. Main St.



### ABBRICA STREET BEREIN STREET, When Two Hearts Beat as One

The matter of announcing the approaching event correctly calls for careful consideration,

> Virstaco Wedding Announcements, Invitations, Cards

are society's accepted standard of engraving excellence! All the latest ideas in Wedding Stationery are shown in our latest style book. It's yours for the asking.

Handsome Copper Card Receiver Free made from your own plate for a limited time.

## Virginia Stationery Company, Inc.

Engravers to Those Who Know,

915 East Main Street, Richmond, Va.